

WPF *orum* NEWS



A Publication of the Women's Professional Forum • P.O. Box 38594, Greensboro, NC 27438 • www.wpforum.org



Kris Landrum

“To me, the joy of WPF, what feeds my soul, is the camaraderie, the support, and the friendship of all of you.”

When I am asked by the uninformed to explain exactly what WPF stands for, and when “Women’s Professional Forum” draws blank stares, I generally expand my explanation to say that it is an organization of professional women whose purpose is to provide support to one another, whether professional or personal. I know, I know, our mission statement is much broader and more impressive...but to me, the relationships that we form with one another are what make this group unique in my life. I admit to being a lightweight. I could claim that the programs, great as they are, are the most important thing (like a man who reads Playboy for the articles!), but I’d be lying. To me, the joy of WPF, what feeds my soul, is the camaraderie, the support, and the friendship of all of you. Those activities and communications which bring us together in ways that nurture our relationships are the ones which I find the most fulfilling.

Our June program, highlighted by our own members, seemed to strike a chord for several of you who commented on a feeling of togetherness that this meeting engendered. I credit the success of the meeting to Maureen

Hartigan and her presentation of a local treasure that she obviously loves and the 4-minute Special presented by Judy Hampton. Both Maureen and Judy are long-time members of WPF and were each, in different ways, sharing a piece of themselves with all of us. Such sharing requires a belief in the support of an audience of friends and each activity that we enjoy together serves to strengthen that faith

in each other. Judy’s heartfelt appreciation for all of the moments in her life when WPF members helped her through rough times made us even more conscious of the impact of this group on individual lives.

4 minute special

Continued on next page



August Meeting

Wed., August 10 @12:30
The Painted Plate
2001 N. Church St.
Greensboro

Cost

Active members - prepaid. Supporting or Emeritus members and Guests -\$15.00.

Reservations

Please contact Carol Matznick, 605-9108 or carol4wpf@aol.com if:

- You are a Supporting or Emeritus member and would like to make a lunch reservation
- You would like to invite a special guest
- You are an active member and need to cancel your reservation

Cancellation of reservation is a membership requirement.

Important Dates To Remember

August 10 - Next Meeting

August 16 - Board Meeting, Tuggle Duggins & Meschan PA,
100 N. Greene St., 12pm - 1pm

August 26 - September Newsletter deadline

Continued from page one

The 4-Minute Special is an example of a form of communication among us that enriches our understanding of each other. Our goal this year, with the able and persistent leadership of Julie Lapham, is to have a 4-Minute Special each month, either written and published in the newsletter or presented to the group at a luncheon meeting. The point of these 4-Minute Specials is to get to know each other better. We're not interested so much in what we can find out by looking at a bio on the website as learning things about the presenter that we might not otherwise discover (we're nosy that way!), things that only friends would know, like dreams and important life events, challenges and successes, hopes and fears. These presentations always inspire me and always make me realize anew what incredible women make up our group.

So...when Julie comes calling (I did a 4-Minute Special several years ago, Julie, just so you know), don't run the other way. Take this opportunity to share a little of yourself. The reward is enriched friendships. What more could you ask?

The month ahead offers many of the activities that bring us together, from our monthly luncheon meeting on the 10th where we will hear Dr. Marinella Sandros, assistant professor in the Nanoscience Department of the Joint School of Nanoscience and Nanoengineering, describe the "Application of Nanotechnology in Medicine," to our special interest group gatherings. Dr. Sandros will be telling us about technology advances that are taking place here in our own community. Don't miss this opportunity to get a first-hand insight to this exciting field of study!

Books and Arts, headed by Rose Pfaff, hosts fantastic events at different times of the year and enjoyed its annual Eastern Music Festival event at the end of July. Anything Goes is the umbrella special interest group that covers outings that don't fit anywhere else, and covers our newest annual trip, Babes at the Beach. This is scheduled for the last weekend of August, so if you rush, you still might be able to secure a spot! There's nothing like a weekend at the beach with "sisters" to bring the summer to a rousing close!

Groups that may have outings planned include Dining Out, Salon, Whine Divas, Health and Wellness, and golfing. Continue to read for times and dates and descriptions of all the events that WPF has to offer for August. Some scheduled events don't make it into the newsletter, so be alert to other announcements as well. Check the calendar and watch for "blasts" from Carol to make sure you don't miss any wonderful chances to gather with friends!

2011 WPF Holiday Bazaar

WPF's shopping experience of the year, the Holiday Bazaar, is now on the radar. As in the past, it is planned to take the place of our November meeting and this year, it falls on Wednesday, November 8. We always give our WPF members an opportunity to reserve a vendor table before they are offered to non-members. Please let us know by August 31 if you're interested. Members pay \$10 for a table and non-members pay \$35 per table.

If you are interested in contributing a door prize for the event, please contact us. Many thanks to last year's contributors: Simple Kneads from Darlene Ball, Interior Design by Madge, Create a Cake from Roberta Pearson, JB Pudlo Art from Jean and MCoul's Public House.

Our contact information is as follows: [Nikki Kober](mailto:Nikki.Kober@expresspros.com), nikki.kober@expresspros.com; Anna Fesmire, afesmire@bellsouth.net; Christine McCuen, christinemccuen@yahoo.com; and Lynn Ritchy, LRAPP@bellsouth.net. WPF

Holiday Bazaar

November 8, 2011

Member Deadline
August 31, 2011

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WPF Foundation President
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Executive Assistant
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Carol4wpf@aol.com

Our August Program

Judy Garner

Dr. Marinella Sandros will be our August speaker. Her talk is entitled "Application of Nanotechnology in Medicine".

Dr. Marinella Sandros received her PhD in Bioinorganic Chemistry at Wayne State University in Detroit Michigan, where her work focused on developing protein based nanobiosensors. Afterwards, she has started her postdoctoral study at McGill University, Montreal, Canada, where she gained her specialization in biomedical engineering. Today at the Joint School of Nanoscience and Nanoengineering as assistant professor in the Nanoscience Department, her work focuses on developing a handheld device for the detection of traumatic brain injuries and engineering multifunctional probes for medical diagnostic.

Please make plans to attend this very informative meeting! [WPF](#)



DATES
TO
REMEMBER
IN
AUGUST

AUGUST 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10 WPF Meeting	11	12	13
14	15 Whine Divas	16 WPF Board Meeting	17	18	19	20
21	22	23	24	25	26 September Newsletter Deadline Babes At The Beach	27 Babes At The Beach
28 Babes At The Beach	29	30	31 Dining Out			

WPF Special Interest Groups

Anything Goes
Madge Megliola
286-3441
madgemeg@gmail.com

Books & Arts
Rose Pfaff
274-1426
Rosepfaff2000@yahoo.com

Dining Out
Janice Lanier
333-3659
janice.lanier@evonik.com

Golf
Judy Piper
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WhINE Divas
Sandy Doyle-Jones
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Donna Riechmann
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The Salon
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Meryl Mullane
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Women's Wellness
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WHINE DIVAS

Sandy Doyle-Jones

The Divas want to thank Anna Fesmire for taking us to Portugal for our July gathering! No long lines, checked baggage, nor language barriers were necessary. Anna's charming home drew us in and invited us to sip and taste.

As one of the 10 largest wine producing countries and home to the largest cork forests, Portugal has developed modern tasting wines as well as the lovely Ports they celebrate. Anna did a great job of pairing foods to nibble and I've noted them after the wines. We welcomed Pat, Brenda, Kim, and Judy as our newest Divas, with Judy Hampton sharing stories of her trip to Portugal with WPF friends.

While the names of the grapes were not familiar, we still managed to "rate" and taste till we found our top 3:



Gazela - Vinho Verde – a clear, crisp white 4 grapes we'd never tasted before. A soft fizzy feel, with a gingery green flavor is a new way to pair for summer salads or very light foods. Pretty bottle, too.

Vinzelo - Douro – starting with the blackberry/chocolate aroma, to a fresh berry taste, the Divas began to "OOHH" and enjoy this wine. It is low on tannins, so very smooth with cheeses, almonds, and salami. At only \$8, it's a good deal.

Tawny Port by Offley - Douro – yes, it's true, the Divas are now drinking Ports...and many actually enjoyed this

chance to try to different types at one sitting! We did the Tawny first and found it a lovely cherry taste, smooth and great with chocolate covered berries. Then we tried the Ruby Port, found it low on aroma but heavy and deep in taste. And THEN, Anna brought in the Stilton and challenged us. [WPF](#)



Whine Divas
August 15, 2011
1618 Wine Lounge
1727 Battleground
Greensboro



here comes our wine!!

Please Welcome Our New WPF Members

Kate Weaver

Please welcome our 11 new WPF members joining in September.

Kathleen Patterson - Kathleen moved to Greensboro from the Washington, DC, area in 2004. Since then she has worked in the economic development area first with the Greensboro Partnership and now with the North Carolina Center for Global Logistics. As Operations Manager of the NCCGL, Kathleen is responsible for providing industry expertise in transportation, logistics, and supply chain management to support economic development in a twelve county region. Kathleen holds a MA in Public Affairs from UNC-G and a BS in History from Towson University. Outside of her career, she has been very involved with the Piedmont Triad Chapter of the American Society of Public Administration serving as its President in 2010, the Greensboro/High Point/Guilford County Workforce Development Board, and the Guilford Merchants Association.

Jane Roberts - Jane moved to North Carolina from the "North" two and a half years ago to assume the position of Vice President – Merchandising with Thomasville Furniture. As a member of their senior management team, Jane is responsible for identifying product needs, developing new products, and marketing products to dealers. Jane has been involved in the furniture industry for over twenty years. She is on the board of her neighborhood association and is wanting to become more active doing charitable work and supporting locally owned businesses in her adopted community. Jane is the mother of twin daughters who are in college.

Amy Meinecke - Amy started her business in sewing and design to retail and wholesale customers in 2000. In 2009 she merged with another company and created Window Works Studio, Inc. where she serves as vice president. She has been a business owner for 11 years as well as a wife and mother. Before she entered the design business she was a registered nurse. Amy lives in Jamestown and enjoys making a positive difference in her community.

Lisa Hazlett - Lisa Hazlett, with the show name Lisa Dames, has been professionally performing since 2006. She manages a staff of 6 people including a four piece band, producer and booking/publicist agent. In 2006 she scored a top 40 song on country radio. This song and many others were on an album which was distributed by Wal-Mart. She has opened up shows for some of the big names in country music including Craig Morgan, John Michael Montgomery, Jamie O'Neal and Lori McKenna. She has a reputation for being a "go to" person for anything from fundraising to job opportunities.

Anne Gundlach - Anne parlayed her business administration degree from UNCG into a thriving insurance agency seventeen years ago. She built her State Farm agency upon the charge to provide personalized, caring advice and service to insurance and financial services clients. That commitment has brought her numerous professional accolades, including the Circle of Excellence Award for Customer Service from the Greensboro Merchants Association. Anne is a member of the National Association of Insurance and Financial Advisors and the Society of Financial Service Professionals. She is a Board member for the Greensboro Merchants Association. A volunteer and community leader, Anne supports the American Heart Association, ALS Society, and Juvenile Diabetes Foundation, among other charities.

Mary Elizabeth Beal - Mary handles interior design and project management at Madge Megliola Interior design. An Air Force brat, Mary Elizabeth's frequent childhood relocation enabled her to incorporate her early love of interior design with awareness of how culture, climate, geographical location, religion, and history affect architecture and design. Her first job after earning a bachelor's degree in interior design from the University of Florida was with Kathy Ireland Worldwide, where she designed a 40,000-sq-ft showroom. Later, upon marriage and a move to NC, she co-founded an Internet home furnishings and decor retail company, which she ran for five years before joining Madge Megliola. In the meantime, she also started a non-profit organization, the Serventrepreneur Foundation.

New Member Orientation

September 22, 2011
6:30 pm

Home of
Laura Barrier



Continued on next page

Babes At The Beach

August 26 - 28, 2011

Oak Island, NC



Sherry McKinney - Sherry is joining WPF's financial sector and holds the designated CPA, CFP and, MBA certifications and degree. She is employed with Stearns Financial Services Group as the lead manager for the financial planning department. In her spare time, Sherry is involved with her church, chairing various events such as the Annual Women's Retreat, served as a MOPS craft coordinator. She has been a small group facilitator. She served for eight years as the pianist for the children's choir.

Debra Sommerville - Debra arrived in Greensboro via Detroit and Pittsburgh. After twenty plus years in the technology/computer sales business and leaving her custom built home of eleven years that she and her brothers designed and was selected for the AIA (American Institute of Architects) home tour in 1993 in Detroit she got married and moved to Pittsburgh. Her true passion is in design. Debra always loved Baker furniture. With her move to Pittsburgh came an opportunity to manage a Baker showroom. Due to her outstanding performance Baker offered her a position in High Point. Now in Greensboro, Debra is the Showroom Manger for Baker and manages a 2.5 million sales goal and hosts the twice yearly market. Her career never has a dull moment and there is not time to be bored.

Amy Gilbert - Amy has been in the design business since 1987. Her business started out of her home and this year projects a 50% growth over last year. As a small business owner and President of Window Works Studio, it's impressive that Amy also serves as a leader in her church and community. With her church, Amy has completed mission trips to the Dominican Republic and is a member of the music ministry.

Susan Watson - Susan is a mentor and coach by day and student by night. At Northwestern Mutual she focuses on the development of financial representatives with less than five years of experience to help them build a successful career. At night, she attends college part time to earn a BA in Women's Gender Studies. In addition, Susan volunteers with United Way's Women's Leadership Committee and serves as a Facilitator at the Women's Resource Center.

Anne Flegal Smith - If you don't know Anne by face or name, you probably know her by her holiday tradition. Anne and her husband created the annual Christmas Ball scene in the Sunset Hills neighborhood. When she is not making the light balls, serving on two non profit boards, or co-chairing the Walk to End Alzheimer, she is working as Partner, CCO and CFO at Jonathan Smith and Company. There she helps people across a wide range of ages, life stages and circumstances solve problems and achieve sustainable financial stability and success.

The New Member Orientation is set for Thursday, September 22 at 6:30 PM at Laura Barrier's home. Board members are asked to attend and bring a bottle of wine, along with the Membership Committee. Dinner will be provided. We hope everyone will be able to attend!! [WPF](#)

WPF Babes At The Beach

Judy Garner

The WPF Babes at the Beach trip will be August 26-28, Friday through Sunday, at Oak Island. Cost is \$135 per person which includes two nights lodging and wine and snacks on Friday night. Plans are in the works for a two hour pontoon boat Sunset Cruise on the waterway with wine which will also be included. There is an excellent restaurant at the marina where the boat departs and we can purchase dinner there and have it while we cruise.

Oak Island is quiet and laid back, located between Wilmington and Myrtle Beach. There is biking, fishing, golf, and walking to keep you active. It's also easy to relax on the beach with a good book or make a fifteen minute trip to Southport for antiques, shops, the Maritime Museum, and art galleries with works by local artists. A ferry leaves from Southport and makes a thirty minute trip to Fort Fisher with its Civil War Museum. The North Carolina Aquarium is also located nearby Fort Fisher.

Enjoyment and lots of laughs with your WPF sisters await you so please join us! Checks are made payable to: Judy Garner, 5447 Fairview Church Rd., Trinity, NC 27370. [WPF](#)



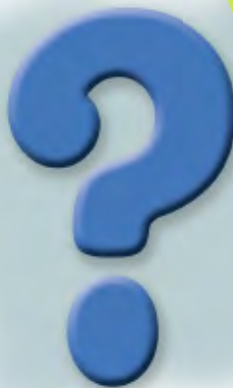
Dining Out

Janice Lanier

Here we are in August and there are so many great restaurants to try and so many wonderful WPF members to enjoy dining out!! If you have joined us for dining out this year, now is your time! You are missing a great time, with wonderful company and delicious food!!

Set your calendars for Wednesday, August 31st – 6:30 p.m.! Further details on the location will be emailed soon.

Make it a point, to join us for socializing, food and fun! If you are not on our email distribution list and you would like to be, please contact me at Janice.lanier88@gmail.com. WPF



Dining Out

August 31, 2011
6:30 pm

Location details
will be emailed.

2011 WPF Foundation Board Members

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THE SALON SIG

Meryl Mullane

The conversation Salon is taking a break in August and will be back in September. WPF