

# WPF *orum* NEWS



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Kris Landrum

“Neither rain, nor sleet, nor snow, nor more rain, nor fog could keep the wild women of WPF from our annual trek to Blowing Rock on the first weekend of March.”

Neither rain, nor sleet, nor snow, nor more rain, nor fog could keep the wild women of WPF from our annual trek to Blowing Rock on the first weekend of March. Despite some of the worst weather any of us could remember for this trip (bearing in mind that our memories are short), 28 or so of our members shared an incredible weekend and lived to tell about it!

For those of you not “in the know,” the Wild Women in the Mountains (WWM) weekend is the premier event of our Anything Goes special interest group, which also encompasses such stellar events as our fall beach weekend (new last year) and our annual New York trip over the Martin Luther King holiday (a joint venture with Women on Wall Street.) For most of us who have attended a WWM weekend, it is an event to be put on the calendar way in advance and planned around because it is guaranteed to be fun and is the best way, bar none, to get to know your fellow WPF members.

Having said that it is an event to be planned around, I have to admit that I had a conflict this year and had to leave around noon Saturday. To give you a flavor of the weekend, I asked for input from participants who were there the whole time (I’m shameless when it comes to newsletter content!) Here are some of their responses:

For Katrina Solomon, highlights of the weekend were...

- High tea at Gideon Ridge (a luxury B&B where she was joined by 13 other WPF’ers)
- Being pampered at Westglow Spa
- Finding a pair of Tory Burch flats on sale at Monkees
- Sunday morning breakfast that made me feel like I was a



High tea at Gideon Ridge.

*Continued on next page*



## April Meeting

Wed., April 13 @12:30  
*The Painted Plate*  
2001 N. Church St.  
Greensboro

### Cost

Active members - prepaid. Supporting or Emeritus members and Guests -\$15.00.

### Reservations

Please contact Carol Matznick, 605-9108 or [carol4wpf@aol.com](mailto:carol4wpf@aol.com) if:

- You are a Supporting or Emeritus member and would like to make a lunch reservation
- You would like to invite a special guest
- You are an active member and need to cancel your reservation

*Cancellation of reservation is a membership requirement.*

## Important Dates To Remember

April 13 - Next Meeting

April 19 - Board Meeting, Tuggle Duggins & Meschan PA,  
100 N. Greene St., 12pm - 1pm

April 22 - May Newsletter deadline

## 2011 WPF Board Members

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klandrum@tuggleduggins.com

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### *President's Pen, continued from page one*

- teenager at a slumber party
- The pleasure of getting to know some of the women better
- Madge's hospitality, and her enthusiasm in creating this event and hosting it for so many years



- Mebane, and her baked potato/ice cream sundae expertise
- The fog!!  
Melanie Tuttle added the following:
- A terrific hike at the maze at Bass Lake (editorial note: only Melanie would call this terrific, since it was raining and Anita, fellow hiker, returned with jeans wet to her hips!)
- The relative peace and quiet of Saturday morning, followed by

### **Sunday Morning Breakfast**

hiking and shopping, then a glass of wine and some conversation in the late afternoon

- More wine and more people at Madge's and more conversation
- Some more wine and some VERY LOUD TALKING AND LAUGHTER
- And then some more wine and ice cream...at which point Melanie's memory fails...

Marcy McHenry remembers the fog AND the rain AND the snow, but the warmth inside the house!

Judy Garner, one of many Carolina fans, was thrilled to have the support provided Saturday night by Michele Smith and her singing ram and blue and white pom pom as they cheered the Tar Heels during the game against Duke. (This would be the only part of the weekend that I'm glad to have missed, although I could have been company for Brenda Morris, who was probably the one other Duke fan around. Yes, she'll root for Duke when Appalachian isn't playing!)

Jolaine Lanier and her passengers (Beverley Gass, Jeri D'Lugin, and Nancy Radtke) are still recovering from their harrowing trip to Madge's through the fog, but what stories they have to tell! She praises her hostess Mebane Ham who even allowed yoga in her living room, and she reports, with envy, that Jeri is Totally Agile!

Beverley Gass, commenting on the group picture shown here, said "We mostly look sober and civilized, except for those with tiaras and those with funny things on their foreheads or in their hair." To me, the picture illustrates the joy of the weekend...the opportunity to put aside responsibilities and duties and indulge ourselves in lightheartedness with new and old best friends!

Fortunately for all of us, WWM is an annual event, so if you loved slumber parties when you were a girl, and enjoy spending time with friends or nestling in with a good book, shopping or hiking, sharing tea and scones or savoring a glass of wine or a beer, good food and better company, and beautiful mountains (when you can see them), mark your calendar now for the first weekend next March.

In the here and now, we have a great program scheduled for our April meeting and opportunities to gather during the month through our other small interest groups: Dining Out, Salon, Whine Divas, Health and Wellness, Mothers of Young Children, Women on Wall Street. Our April speaker, Jean Workman, will discuss "Teen Pregnancy Prevention: Investing in NC Youth," a topic which certainly ties to our Foundation mission of "Nurturing Young Women to be Tomorrow's

President's Pen, continued from page two

Leaders." Read below to learn more about Jean and this important program. Announcements for scheduled events are further on in the newsletter. Also check the on-line calendar and listen for announcements at the meeting in case some events had not been scheduled when the newsletter went to press. See you in April! [WPF](#)



The Wild Women in the Mountains Weekend

Dates To Remember  
In  
APRIL

APRIL 2011						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13 WPF Meeting	14	15	16
17	18	19 WPF Board Meeting	20 The Salon Sig	21	22 May Newsletter Deadline	23
24	25	26	27 Dining Out	28	29	30

# Our Program For April

*Judy Garner*

Our speaker is Jean Workman a Community Health Educator with the Guilford County Department of Public Health for the past 13 years. Jean's topic: Teen Pregnancy Prevention: Investing in NC Youth.



Teen pregnancy prevention is an overlooked, but crucial topic for economic recovery. Investing in responsible sexuality education with a proven track record for reducing teen pregnancy is a vital way to change the picture of too early parenting in our county and state. Jean Workman, Board Chair, will provide an overview of the Adolescent Pregnancy Prevention Campaign of NC's mission and services and discuss the relevant and exciting ways APPCNC is reaching NC youth. Her program will end with a short, but compelling video, "Imagine That," encouraging WPF members to imagine a world of young women who are reaching their full potential.

Jean has over 18 years of experience in adolescent sexuality education and co-created and facilitates an award winning, evidenced based teen pregnancy prevention curriculum, Smart Girls Life Skills Training that is marketed throughout the United States. She serves as Board Chair for the Adolescent Pregnancy Prevention Campaign of North Carolina. Jean resides in Greensboro with her husband and two elementary aged children. [WPF](#)

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## GIVE SOME THOUGHT TO NEW MEMBERS

*Kate Weaver*

We just celebrated a large group of diverse new members at the social in March. Now, it's already time to think about the next group of new members joining WPF in August.

As you invite and sponsor talented women from our community to consider joining WPF this summer, be sure to review the new member application. It is also important to check into their professional category because we cannot exceed a maximum of 10% in any category. The application packet needs to be returned to the Membership Committee Chair, Kate Weaver, no later than June 30, 2011 for membership beginning August 1. **Please note that starting in June 2011, applicants will provide a photo with the application for the member only section of the WPF website.**

You will find details and requirements on the new member application at <http://wpforum.org/newMemberapp.asp>. Thank you for seeking out and sponsoring our future WPF sisters. [WPF](#)



# THE SALON SIG

*Meryl Mullane*

## The Salon

April 20, 2011  
7:00 pm

Home of  
Paula Sinozich  
923 Benfield Drive  
Greensboro

Our next gathering of fun women with good minds is Wednesday, April 20 7 – 9 at the home of Paula Sinozich, 923 Benfield Drive.

Subject: Who Are you? How do you define yourself? Wife, Mother, by profession, by beliefs, by community, by social or financial status? Do women define themselves differently than men do? Do women of different generations define themselves differently?

Please join us. Bring wine or a snack and your opinions!

Contacts:

Paula Sinozich, 333-7907

[PSinozich@ConnorsLegal.com](mailto:PSinozich@ConnorsLegal.com)

Meryl Mullane 545-8838

[Meryl@MullanePR.com](mailto:Meryl@MullanePR.com) WPF

## Dining Out

*Janice Lanier*

Dinning Out for the month of April will be held at Print Works Bistro, 704 Green Valley Road at 6:30 p.m. on Wednesday, April 27th. Katrina Solomon will be your hostess for the month.

As you all know Print Works is located in the beautiful Proximity Hotel. Print Works Bistro uses fresh, local food in creating both traditional and modern versions of classic European bistro dishes. If you have never dined there, now is your chance to experience extraordinary flavors and vibrant dining with a French Bistro flair. It has been said that coming here is like being at a Parisian Bistro in Greensboro.

If you would like to join us please contact Katrina Solomon at [katrina@orgstepbystep.com](mailto:katrina@orgstepbystep.com). Please RSVP by 4:00 p.m. on Monday, April 25th. WPF

## Dining Out

April 27, 2011  
6:30 pm

Print Works Bistro  
704 Green Valley Road  
Greensboro



**Sauteed Pork Milanese, thinly pounded lightly breaded bone-in chop with mixed greens, pears, walnuts, chevre and white balsamic-lime vinaigrette**



**BACON WRAPPED BEEF SHORT RIBS, red wine braised and shredded, with crème fraiche mashed potatoes and French green beans**

### WPF Special Interest Groups

Anything Goes  
Madge Megliola  
286-3441  
[madgemeg@gmail.com](mailto:madgemeg@gmail.com)

Books & Arts  
Rose Pfaff  
274-1426  
[Rosepfaff2000@yahoo.com](mailto:Rosepfaff2000@yahoo.com)

Dining Out  
Janice Lanier  
333-3659  
[janice.lanier@evonik.com](mailto:janice.lanier@evonik.com)

Golf  
Judy Piper  
286-9788  
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WhINE Divas  
Sandy Doyle-Jones  
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Working Mothers of Young Children  
Laura Burton  
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# Just A Click Away WPF Website Updates

*Katrina Solomon*

## Photo Ops

Our goal is to have a current photo of every WPF member on our website by the end of June. If you already have a photo you would like for us to use, please send it to WPF webmaster Matilda Kirby-Smith at [matildakirbysmith@me.com](mailto:matildakirbysmith@me.com). If you would like to have your photo taken for the WPF website, Mary Magrinat and Matilda Kirby-Smith, WPF members/portrait photographer hobbyists, will be available at WPF gatherings in the next two months to snap a shot of you:

Have Your Photo Taken at:

- New Member Social on March 30
- WPF luncheon on April 13
- WPF luncheon on May 11

If the above times don't work for you, email or call Mary Magrinat (337-8611 / [mmagrinat@triad.rr.com](mailto:mmagrinat@triad.rr.com)) or Matilda Kirby-Smith (272-9264 / [matildakirbysmith@me.com](mailto:matildakirbysmith@me.com)) and they will try to arrange a mutually convenient time and place for you to have your photo taken. **WPF**



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## In Honor Of Our Mothers Mentors and BFF's

*Nancy Radke*

*Member, WPF Foundation Board of Directors*

A couple of weeks ago, I visited my mother at her winter residence. Upon greeting me at the airport, dressed in a cute color coordinated outfit, hair and makeup in place as usual, she stopped short. She faced me just inches away and looked me straight in the eyes for more than a few seconds—it seemed like ten minutes as she was searching for the little girl she used to know—and asked, “How are you?”

I was so appreciative of her care at that moment that I felt I should give everything I have to someone who is missing the guidance of a mom who is also a mentor and BFF.

The Foundation is the perfect spot to show a token of your appreciation for the love and care of your Mom, Mentor or BFF. I know I will.

While you're giving tribute to that special person, you're offering inspiration to women who may be searching for mentoring relationships that can help move them forward in their careers and touch them deeply for life.

Please think about who would appreciate the recognition and honor of joining you at the May meeting and invite her today. You'll have the opportunity of introducing your Mom, Mentor or BFF to all of us and we'll get to meet a special woman! **WPF**