

WPF *Forum* NEWS



A Publication of the Women's Professional Forum • P.O. Box 38594, Greensboro, NC 27438 • www.wpforum.org



Laura Burton

“Autumn is a season immediately followed by looking forward to spring.”

Doug Larson

The above quote sums up my feelings pretty well, although I admit that I like to see one snow in the winter. Other than that, I wish for spring and summer, much preferring hot to cold. As I write this, it is 80 degrees outside and the leaves are changing, so let's hear it for North Carolina autumns!

As we enter the cold season, don't even THINK about hibernating. November brings us plentiful opportunities and events! Our Small Group Dinners are underway with thoughtful and thought provoking reports pouring in. A big thank you to Rhonda Joyce and Teresa Vincent for organizing the dinners, as well as to all of our hostesses and attendees—none of this would work without you. In addition, our Special Interest Groups are meeting and we have...The Bazaar!

As you know, we do not have a formal program at the November meeting. Instead, we have a holiday shopping event, perfect for getting a jump on just the right gift for those on your shopping list (or for you). This year we have jewelry, art, accessories for the home and for you, paper goods, seasonal wreaths and gift baskets, books, and much more. The Foundation will have Honor Cards available this year, as well.

HOLIDAY BAZAAR

November 10
11:30am – 1:30pm

Honor Cards will be available for purchase at the Foundation's booth at our Holiday Bazaar.

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November Meeting

Wed., November 10 @11:30
The Painted Plate
2001 N. Church St.
Greensboro

Cost

Active members - prepaid. Supporting or Emeritus members and Guests -\$15.00.

Reservations

Please contact Carol Matznick, 605-9108 or carol4wpf@aol.com if:

- You are a Supporting or Emeritus member and would like to make a lunch reservation
- You would like to invite a special guest
- You are an active member and need to cancel your reservation

Cancellation of reservation is a membership requirement.

Important Dates To Remember

November 10- Next Meeting (Holiday Bazaar)

November 11- Next Board Meeting

November 19- November Newsletter deadline

WPF Holiday Bazaar

Wednesday, November 10, 2010 11:30 AM to 1:30 PM at The Painted Plate

Jewelry

**Costume, Sterling Silver, Semi-Precious Stones,
Crystals, and More!**

**Cookie Lee, JDL Creations, Snell Designs, Designs by RO,
Custom Creations, Slipado Designs, Silver Pines**

Art, Gifts, Accessories

**Lamps, Ornaments, Pottery, Paintings, Note Cards,
Seasonal Wreaths & Gift Baskets, Artistic
Photography, Soy Candles, Books from the Authors
and More**

**Interior Design by Madge, Buffalo Creek Pottery, Clairography, All
Wrapped Up, Candles by Simply Kelly, Marshall Art Gallery, Author Terrence
Zepke, Author and Gluten-free Baker Lindy Clark, JB Pudlo Art, Atelier Rue
Papaye, Glasjulz Stained Glass, Pottery by Joan, CP Logan Originals, Saddle
Bags Gift Shoppe, Tiny Hands, WPF Honor Cards & Door Prizes**



**Scarves, Handbags, Peasant Skirts, Ruannas,
Accessories, Salon Products, Baby & Children's Gifts**

**Progressions Salon, Beijo Handbags, Styles by Dora, Overtones,
Avon Products from Crystal Lee, Lulubelle, BeautiControl,
Debra's Wylin Grason Farm Products**

INVITE YOUR FRIENDS! \$15 LUNCH FEE PER GUEST

(Don't forget to call in reservation for guest Friday before the Bazaar)

**FEATURING ENTERTAINMENT BY OUR TALENTED
ASHLEY WIGGLESWORTH**

In addition to the great shopping, there will be fabulous food stations in the side room and piano entertainment by our very own Ashley Wigglesworth. Please plan to come to this fun event and bring a friend or two (if you plan to bring a guest, let us know by Friday, November 5). Many thanks to Holiday Bazaar Coordinator Lynn Ritchey and her industrious team!



This year has flown by. Our annual business meeting will be in December at the regularly scheduled time. **The December meeting is not open to guests**, so please plan to bring that special guest in January instead. There will be a great many details to cover at the meeting, including elections for both WPF officers and directors and the Foundation officers and Board members. I know it's been an incredibly busy year, but let's plan to close out the year with enthusiasm and energy!

If you have a digital photo of yourself and have not sent it to Matilda Kirby Smith (matildakirbysmith@me.com) for our website, please do so. If you do not have a photo already, Sandy Doyle-Jones will be available again at the November event to take your photo for the website (you may need to track her down).

Also, please take a few minutes to confirm and update your bio on our website.

Reminder: Active members, please remember to let Carol Matznick know if you will not be able to attend a monthly meeting. **NOTE: The meeting time change will start with the January 2011 meeting, NOT this month.** We will send email reminders in advance of the time change. **WPF**

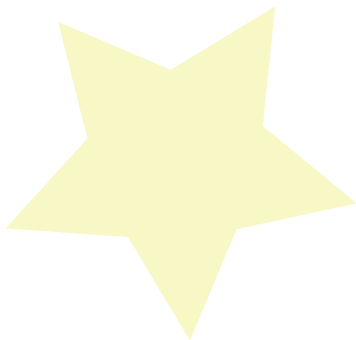
A Special Dining Out

Beverly Williams

Jeri D'Lugin and I invite you to attend WPF's Annual Holiday Brunch on Sunday, December 5th at 11:30 a.m. in Grandover's main dining area. Since we only have a total of 30 seats, please email your reservation soon to:

bevfloreywilliams@bellsouth.net.

Happiest Holidays!! **WPF**



Annual Holiday Brunch

December 5, 2010
11:30 a.m.

Grandover Resort
Main Dining Area
Greensboro

2009 WPF Board Members

President WPF / Foundation Board Liaison

Laura Burton
378-5566
Laura.Burton@smithmoorelaw.com

First Vice President

Nancy Radtke
510-1864
Nancy.Radtke@allentate.com

Second Vice President/ Holiday Bazaar Coordinator

Lynn Ritchie
931-1055
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Secretary

Cindy Farrand
832-6505
Cindy.Farrand@mosescscone.com

Treasurer

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klandrum@tuggleduggins.com

Membership Committee Chair

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273-3116
imagolady@aol.com

Directors at Large/Summer Social & Small Group Dinners

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Thvincent01@aol.com

Rhonda Joyce

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rjoyce@midcarolinabank.com

Past President/ Nominating Committee Chair

Patty Aiken
294-0081 xt 301
Patty.aiken@homeinstead.com

WPF Foundation President

Melanie Tuttle
370-8808
Mtuttle@sbaal.com

Executive Assistant

Carol Matznick
605-9108
Carol4wpf@aol.com



The Soloist

A Presentation by Rose Lindsay Pfaff and Quinn Dalton

Dale Walker

Members of Women's Professional Forum's Books and Arts group and their guests gathered in the Nussbaum Room of the Central Library on Sunday, October 10, for a presentation on the musical, psychological and literary aspects of Greensboro's "One City, One Book" selection for 2010: "The Soloist", written by Los Angeles Times reporter Steve Lopez. (See photos, next page.)

Ms Pfaff, noted musician, educator and sound sculpture artist, drew on her near-death experience in 1971 and her later work as a music therapist in a state mental institution to speak of the redemptive and healing power of music. She is certain that, without his music, Nathaniel Anthony Ayers, the homeless soloist, could have fallen into a life of drugs and violence as many persons with untreated mental illness do. Yet, this musical genius, whose career was interrupted by the onset of paranoid schizophrenia in early adulthood, astounds professional musicians with his technique and expression. A double-bass player at Juilliard, he taught himself to play cello. Homeless, he played a violin that, when Mr. Lopez came upon him, had only two strings, because he couldn't afford to replace those that broke. He easily transposes music from one instrument to another. At a performance of the Los Angeles Symphony, his remarkable ear picked out each player and who played which notes.

Ms Pfaff described how, while mental illness and Alzheimer's disease causes the brain to become disordered and irrational, music, especially classical music with its internal organization and structure, clears the brain and gives it order for at least as long as the music lasts. She illustrated this point by singing the notes of Bach's First Cello Suite as she drew the flow of them on a flipchart. Further, all musical instruments—voice, string, percussion, wind—produce sound through vibration. Mr. Ayers' favorite instruments—the cello and double bass, are held against the body, their vibrations bringing him a sense of well-being. To demonstrate how the piano sends vibrations into her arms, shoulders, neck and head, Ms Pfaff played the Bach First Cello Suite on the piano, followed by Bach's harpsicord interpretation of the Suite from his "Prelude Number One" from "The Well-Tempered Clavier", and Schubert's "Ave Maria" which is laid over the notes of the Bach Suite. Singing, she pointed out where the vocal vibrations affected her body.

Ms Pfaff concluded by speaking of Mr. Lopez's caring and his work in advocating for Mr. Ayers. She noted what a difference one person can make, for, in this remarkable story, both men are transformed, both redeemed.

Quinn Dalton, award-winning author, noted Mr. Lopez has a novelist's instinct for shaping a story. She reflected on what she found most compelling about "The Soloist": the devotion and perseverance with which Mr. Ayers pursues his art, despite circumstances that

would deter many artists. She herself is willing to forego luxuries

and to live simply in order to have

time and freedom for her writing.

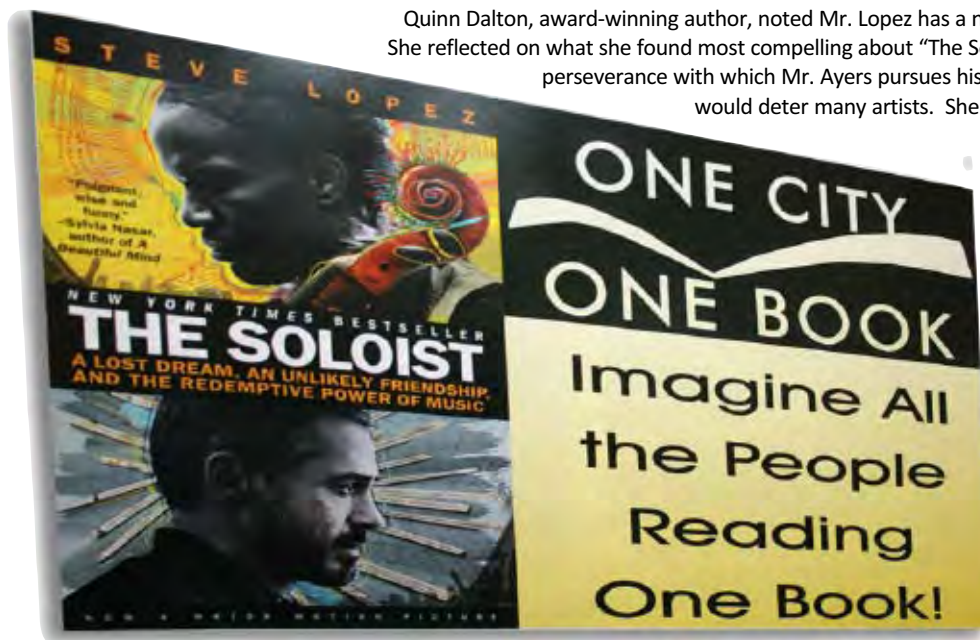
Her advice to other artists is to be clear with yourself and make decisions based on what you want to do with your gift.

Halfway through the book, she stopped to wonder if Mr. Ayers is happy. She then wondered what stands out for the audience in this story. Responses include how remarkable that Mr. Ayers could stay away from drugs, alcohol, and other temptations of street life for so many years; that Mr. Lopez downplays his own important role in finding help for Mr. Ayers; the tragedy that, even though there is more

help available in 2010 for people with mental illness, many will not accept it; there's no guarantee that there will be a happy ending for Mr. Ayers, or for any of us.

Ms Dalton ended her presentation by inviting the audience to consider what the book leaves with them—the "take-home" messages. Spirited conversation ensued about the need for increased mental health services; the importance for each person to be an advocate for better mental health care; the concern that, in North Carolina, children's mental health services are now reduced by one-third, and the effect this will have on children in the coming years; the importance of increasing arts for all children in the Guilford County Schools.

This multi-dimensional presentation by Ms Pfaff and Ms Dalton entranced and informed an attentive audience. **WPF**





Rose Lindsay Pfaff



Rose and Quinn.



Rose explains the violin family and the musical vibrations of each instrument.



Rose graphs the Cello Suite No. 1 by J. S. Bach.



Quinn Dalton



Members and guests enjoy the reception for Rose and Quinn.



Members and guests listen to the presentation of Rose and Quinn.

Photos by Marcy McHenry.

Floods Couldn't Keep Us Away!

Brenda Morris

Neither 15 inches of rain, nor blocked highways, nor potential flooding could keep eleven (count them 11) WPF ladies from heading to Oak Island October 1 – 3. Hostesses were Barbara Thompson, Pat Fehlig and Brenda Morris for this beach excursion. Shopping, eating, drinking, laying and walking on the beach, drinking, going on a sunset cruise on Saturday night, drinking, (have I repeated myself?) were among the various activities. It was a GREAT time and will be repeated next fall. [WPF](#)



WHINE DIVAS

Donna Reichmann

The holidays are fast approaching, and we all need a sip or two (a bottle or two?) of wine to go with those special holiday meals. Join the debate - do you serve a pinot noir, a sauvignon blanc, or a sparkling wine with that Thanksgiving turkey? Join the WhINE DIVAS Monday, November 15, 5:30-7:00 PM, Donna Reichmann's home, 5707 Kacey Meadows Drive. RSVP to Donna at youcanleadtoo@aol.com .

WPF



Whine Divas

November 15, 2010
5:30 pm

Home of
Donna Reichmann
5707 Kacey Meadows
Drive

WPF Special Interest Groups

Anything Goes
Madge Megliola
286-3441
madgemeg@gmail.com

Books & Arts
Rose Pfaff
274-1426
Rosepfaff2000@yahoo.com

Dining Out
Kris Landrum
271-5243
KLandrum@tuggleduggins.com

Golf
Judy Piper
286-9788
jrpiper@uncg.edu

WhINE Divas
Sandy Doyle-Jones
282-3412
sdoylejones@bellsouth.net

Donna Reichmann
323-1463
youcanleadtoo@aol.com

Women of Wall Street
Peggy Ward
834-6950
Peggy.Ward@ubs.com

Working Mothers of Young Children
Laura Burton
378-5566
Laura.burton@smithmoorelaw.com

The Salon
Paula Sinozich and Meryl Mullane

Women's Wellness
Cindy Farrand



New Member Applications

Don't forget that all new member applications must be in by December 31st. Email them to Kate Weaver at kate.weaver@unitedwaygso.org or mail to PO Box 38594, Greensboro 27438. WPF



2009 WPF Foundation
Board of Directors

President

Melanie Tuttle
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Mtuttle@sbaal.com

Vice President

Sandy Doyle-Jones
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Treasurer

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Recording Secretary

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Corresponding Secretary

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Past President

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psinozich@connorslegal.com

Ruth Wooten
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Rwooten3@triad.rr.com

WPF FOUNDATION MAKES YOUNG WOMEN'S LEADERSHIP PROGRAM A REALITY

Denny Kelly

VISIT THE WPF FOUNDATION BOOTH AT THE NOVEMBER HOLIDAY BAZAAR

Foundation Honor Cards, available for as little as \$5 each will be available for gift giving. It's a perfect way to make a personalized, meaningful holiday present for clients, BFFs, family or favorite suppliers. The Foundation benefits, and the recipients appreciate becoming part of our commitment to "nurture girls to be tomorrow's leaders."

WPF MEMBERS PARTICIPATE IN OCTOBER WOMEN'S ONLY

Many WPFers joined the Women's Only 5K Walk and Run put on by Moses Cone Health System on October 2. Thousands of women and girls of all ages paid \$30 (early registration) or \$40 for the privilege of supporting the System's Mammography Fund. WPF member Cindy Farrand, president of Women's Hospital, presided over the event.

UNCG HONORS WPF FOUNDATION AND OTHER SCHOLARSHIP WINNERS

Every year UNCG recognizes an outstanding student with the WPF's Margaret



WPF member Maureen Hartigan (right) with this year's recipient of the Margaret Ann Wilkes Textile Products Scholarship, Lennie Pugois Roa.

Ann Wilkes Textile Products Scholarship. This is a scholarship fund that was set up in memory of WPF member Peggy Wilkes following her death. On October 2, UNCG had a recognition ceremony to thank all the scholarship sponsors who support their programs. WPF member Maureen Hartigan represented us at the event and got to meet and talk with this year's recipient. Her name is Lennie Pugois Roa and she's from the Dominican Republic. Maureen said, "Her English is quite good and she was very much fun to talk with and hugged me twice... And thanked me about 12 times."

AUTHOR S.L. LURZ DESIGNATES BOOK SALE PROCEEDS TO WPF FOUNDATION

S.L.Lurz told her moving story to the 130 attendees of this year's Women's Executive Connection conference at the Proximity Hotel. She also made her book *Sweetwater*, a novel about empowerment, self-respect and overcoming fear, available for sale with a portion of the proceeds going to WPF Foundation. Many thanks to the WPFers who are long-time conference sponsors - Carter Leinster, Triad/Triangle Financial Advisors and Rhonda Joyce, MidCarolina Bank - for steering this donation our way. The conference, hosted by the Greensboro Chamber of Commerce every fall, also featured new WPF member Kim Record, UNCG Director of Intercollegiate Athletics as a keynote speaker. **WPF**