

WPF *orum* NEWS



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Laura Burton

“A true sister is a friend who listens with her heart.”

Author Unknown

As many of you know, I recently spent a week at a hospital in New York at the bedside of my Aunt, who was at the end stage of a battle with uterine cancer. As I sat with her and with her sister and brothers, and with my own sister, I had the opportunity to think and talk about what it means to be a sister. During that week, I received many supportive emails from fellow WPF members, which I truly appreciate. I also read the wonderful (and sometimes sad) items sent by Gloria Thompson through “News of Our Sisters.” I shared these with my family and talked about the support and friendship that I receive from (and I hope give to) my WPF sisters. Thank you for being friends who listen with their hearts. I am grateful for each of you and for what you give to our organization and members.



The program at the August meeting will be presented by Jill Dinwiddie, Executive Director of the North Carolina Council for Women. She will speak to us about “Strengthening and Supporting Women in North Carolina.” This seems like a topic that speaks to the heart of our organization. I know that we will enjoy hearing Jill’s presentation. We will also have a four-minute special by Melanie Tuttle. My thanks to Ashley Wigglesworth for serving as our Four-Minute Special guru. If you would like to present (or can have your arm gently twisted) a four-minute special, please contact Ashley.

I had the opportunity to sit in on the Salon meeting at Paula Sinozich’s house in July, discussing the topic of Patriotism and what it means in today’s America. It was an enjoyable and enlightening evening, with excellent conversation and tasty food. I encourage you to attend this (or another) Special Interest Group meeting and really get to know your WPF sisters.

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August Meeting

Wed., August @11:30
The Painted Plate
2001 N. Church St.
Greensboro

Cost

Active members - prepaid. Supporting or Emeritus members and Guests - \$15.00.

Reservations

Please contact Carol Matznick, 605-9108 or carol4wpf@aol.com if:

- You are a Supporting or Emeritus member and would like to make a lunch reservation
- You would like to invite a special guest
- You are an active member and need to cancel your reservation

Cancellation of reservation is a membership requirement.

Important Dates To Remember

August 11- Next Meeting

August 11 - Next Board Meeting, 11:00 am, The Painted Plate

August 20 - September Newsletter deadline

Our August Program

Judy Garner

Strengthening and Supporting Women in North Carolina – The North Carolina Council for Women: An Advocate for Change



**Jill Dinwiddie, Executive Director,
NC Council for Women**

Jill Dinwiddie, Executive Director, NC Council for Women, will present an overview of the organization's unique mission and key services that are changing lives and strengthening families across North Carolina. Helping increase awareness of effective and fiscally sound domestic violence programs and prevention strategies to keep women safe and healthy are just a few roles you will learn more about during this presentation from the NC Council for Women. Jill will share stories about women in transition due to divorce or job loss who are rebuilding their self esteem and gaining a new life thanks to the Council for Women and its work to encourage greater access to education and economic independence. She will discuss the importance of advocacy and citizen engagement in commissions and boards in building healthy communities.
WPF

President's Pen, continued from page one

Coming up in August: Dining out will be at Avenue in downtown Greensboro, hosted by Maureen Hartigan. WhINE Divas will take place on August 19 at the home of Nancy Jones. If you are interested in attending these or other Special Interest Group events, please contact the group leaders, whose information is listed on the pages of this newsletter.

If you have a digital photo of yourself and have not sent it to Matilda Kirby Smith (matildakirby-smith@me.com) for our website, please do so. If you do not have a photo already, Sandy Doyle-Jones will be available again at the August meeting to take your photo for the website. Also, please take a few minutes to confirm and update your bio on our website.

Reminder: The August Board of Directors meeting will take place at the Painted Plate on August 11, directly before the business meeting. If you are a Board member, please plan to arrive no later than 11:00 am. Also, ALL Active members: please remember to let Carol Matznick know if you will not be able to attend a monthly meeting. WPF



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The Salon
Paula Sinozich and Meryl Mullane

Women's Wellness
Cindy Farrand



Dining Out

Kris Landrum

Our August adventure will take us to Avenue Restaurant, located on the bottom floor of the Center Pointe building at the corner of Friendly and N. Elm, on Wednesday, August 25th, at 6:30. Avenue is one of the newer Greensboro restaurants. It describes itself as a "contemporary and cosmopolitan" restaurant where chef and owner, Mitchell Nicks, "combines French cuisine with an American flair," using organic and locally grown ingredients for his dishes. We always have a great evening with great company and the chance to try out area restaurants! Our hostess for August is Maureen Hartigan. Please email Maureen Hartigan at mfhartigan@triad.rr.com before 5 p.m. on Monday, August 23rd to reserve your space!

Our July Dining Out was a fun evening at the new Southern Lights location. Twenty-five of us got together for this evening and enjoyed the food and company. A great turnout! Ratings for the new location were mixed, with one and all complaining about the noise level, but nearly all pleased with the food. **WPF**

On a scale of 1 to 5, with 5 being excellent, the average ratings for **Southern Lights** were as follows:

- Quality of Food:** 4.67
- Variety of Food:** 4.38
- Presentation:** 4.23
- Service:** 4.08
- Value:** 4.25
- Atmosphere:** 3.35

Dining Out
August 25, 2010
6:30 pm
Avenue Restaurant & Bar
201-A N Elm St.
Greensboro



Join The "SALON" SIG

Paula Sinozich and Meryl Mullane

Join the conversation this month as we talk about food, what it means in our lives and how we relate to it. Wednesday, August 18 at 7 pm, 923 Benfield Drive.

Here's some reading to whet your appetite:

- <http://www.alternet.org/health/65379>
- <http://www.americanchronicle.com/articles/view/57824>
- <http://www.marieclaire.com/health-fitness/weight-loss/shocking-eating-habits-statistics>
- <http://www.strategyone.net/documents/Consumer%20Public%20Opinion%20Report.pdf>

No need to RSVP or do research; just mark your calendar. Wine or a snack would be appreciated. For more information, contact PSinozich@ConnorsLegal.com, 314-8499 or Meryl@MullanePR.com, 545-8838 WPF

The Salon
August 18, 2010
7:00 pm
Home of
Paula Sinozich
923 Benfield Dr.
Greensboro

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Celebrating Chilean Wines

Sandy Doyle-Jones

Our newest Diva stepped to the plate to host our July gathering. Charlotte Hamlin chose to take us to Chile and enlisted the help of her friend (and new honorary Diva), Lily Cendoya, from Santiago. We loved Lily and her stories and passion for great wine and food.

We started with Sauvignon Blanc from Anakena (named after the beach on Easter Island where the Moais statues stand guard)...a nice soft version of SB. Charlotte also had us taste the same wine from a "single vineyard" bottle and we compared/contrasted the two (most of us liked the second bottle best).

Then we jumped into Chile's unique grape, **Carmenère** ("Chile's accidental gift to the world of wine") from the country's largest wine producer, Concha y Toro.

You know this wine (**Casillero del Diablo**) and may have

bought it for its devilish label...only to discover its heady bouquet and plum/chocolate taste. It's smooth with a short finish and was delish with the two salsas that Lily made with Merquen powder. **

Since **Carmenère** is a unique Chilean Cabernet grape, we then went to a traditional **Cabernet Sauvignon Reserve – 2008 - Porto vineyard** from the Aconcagua Valley. It's garnet color and cherry/tobacco taste were balanced and light enough to pair with a simple beef dish or pasta.

Many of you know that we keep trying dessert wines, and the Divas are pleased to report that we finally found one that most of us really liked. A **Gewurztraminer – 2006-** by **Casa La Joya** was a lightly sweet, honeysuckle nosed wine. It had a honey/peach taste with a touch of spice that was paired with strawberries dipped in sweet cream (another Chilean specialty). Charlotte found this wine at Wine Styles. I bet the WHINE DIVAS will be picking up a bottle soon.

While did not taste a Chilean Merlot, we hope you will take the time to find one of these luscious, spicy wines (notice the Carmenère hidden there) and enjoy it when fall chills the air.

** Lily shared her recipes for Chilean Salsas (Chancho en Piedra AND Pebre with cilantro). I'll bring copies to the August meeting.

JOIN US! Our **August tasting is 8/19 @5:30-7pm** (a bit after our regular 15th, to save the weekend for family), at the home of **Nancy Jones**. She was inspired to share her recent trip to Greece and Turkey – through wine. Let's hope we get to toast with and "OPA." Just email Sandy (sdoylejones@bellsouth.net) if you are interested in attending. WPF



Whine Divas

August 19, 2010
5:30 - 7:30 pm

Home of
Nancy Jones
Greensboro

2010 WPF Holiday Bazaar

Lynn Ritchy

We are now compiling names of member vendors who are interested in participating in this year's WPF Holiday Bazaar. The date this year is Wednesday, November 10, 2010, and as always, will take the place of our November meeting. If you are interested, please contact or email one of the following:

Lynn Ritchy at LRAPP@bellsouth.net

Christine McCuen at christinemccuen@yahoo.com

Anna Fesmire at afesmire@bellsouth.net

Please let us know by September 10 if you are interested. Member vendors are \$10. We are also compiling a list of non-member vendors who sell art, crafts, clothes, accessories, gourmet items, candies etc. who might be interested in participating. The fee for non-members is \$35. WPF